



CONSTRUCTION
SPORT



Pillar 1

PEER SUPPORT AND DIRECT ENGAGEMENT

Why It Matters

- Creates a space to unwind, have valuable downtime & de-stress
- Improves camaraderie and builds relationships across all levels of the industry
- Empowers people and gives them the tools to support their colleagues and their own mental health

What We Do

- Provide support & exercise-based activities onsite & offsite
- Run proactive campaigns & media content to reach all levels of the industry
- Provide the Construction Industry Alert platform to protect and support the sector

How We Measure Impact

- Event attendance & feedback
- Data collection and analytical reports
- Diversity across job title attendance